

**The Full Monty - 11.95**

Legendary Plant-Based Fry-up

Sausage, 'THIS' Isn't Bacon, Chestnut Mushrooms, Hash Brown, Scrambled Tofu,  
Garlicky Greens, Baked Beans, Local Sourdough.Allergens - **Gluten, Soya****On Sourdough**

(Can be served as gluten free Brunch bowl if requested)

**Nuevos Rancheros - 8**Harissa Roasted Red Pepper Scrambled Tofu, Smashed Avocado,  
Pico de gallo & Chipotle Mayo.Allergens - **wheat (gluten), soya.****Foragers Toast - 8**Creamed Wild Mushrooms,  
Slow Roasted Vine Tomatoes,  
Garlic Spring Greens & Balsamic GlazeAllergens - **wheat (gluten), oats, sulphates, mustard****The Big Green - 8**Edamame, Avocado & Mint smash,  
Grilled Asparagus, Rocket & Pesto VerdeAllergens - **wheat (gluten), sulphates, soya****Breakfast Muffins****The Breakfast Bap - 5**

Greenbox Spiced Breakfast Patty, Potato Rosti, Spinach, Ketchup &amp; Mayo.

Allergens - **Gluten, Soya****The Royale - 6**Greenbox Spiced Breakfast Patty, Potato Rosti, 'THIS' isn't bacon jam,  
Chipotle Mayo & Crispy Onions.Allergens - **Wheat (gluten), Soya, Sulphates****Cinnamon French Toast - 7**Cinnamon Chia French Toast, Strawberries,  
Raspberries & Maple SyrupAllergens - **wheat (gluten), soya, sulphates****Apricot Granola Pot - 5**

Gluten Free Granola, Oatly Yoghurt, Chai, Apricots.

Allergens **Oats, Almonds, Cashews, Walnuts****Subs****Sloppy Joe - 6.5**Plant-Based Ragu, Spinach & Crispy Onions, Chipotle Mayo  
in a Sourdough Sub Roll.Allergens: **Gluten, Soya, Celery.****Coronation - 6.5**

Plant-based take on the curried classic.

Allergens: **Gluten, Soya, Celery.****C.B.L - 7**

It's not a Chicken. Bacon. Leek. But it sure tastes like one....

Allergens: **Gluten, Soya, Celery.****Bagels****Good Morning - 5**

'THIS' Isn't Bacon &amp; Avocado Smash served in a toasted bagel.

Allergens: **Gluten, Soya, Celery.****Bagel of Wisdom - 5**'THIS' Isn't Bacon, FYH Smoked Gouda, Rocket & Cranberry  
JamAllergens: **Gluten, Soya, Celery.****Pancakes****Blueberry Compote - 5**

Blueberry Compote, Vegan Butter, Maple Syrup &amp; Icing Sugar

Allergens - **Wheat (gluten), Oats.****Biscoff Banoffee - 6**

Banana, Biscuit Crumb, Biscoff &amp; Dark Chocolate Sauce

Allergens - **Wheat (gluten), Oats, Soya****Extras**

Tater Tots - 2.5

Slice of Sourdough - 2

Baked Beans - .50

Please inform staff of any allergies. Nuts and other allergens are handled in our kitchen.